

Shoulder arthroscopy courses



September 24th 2010

Programme

- 7.30–8.30 Registration
8.30–8.40 Welcome
8.50–9.10 Shoulder anatomy – What's normal, what's not.
Portals (R. Gudas, M.D.)

Anterior instability

- 9.10–9.30 Arthroscopic Bankart Repair:
Exposure and Technique
(A. Peredistijs, M.D.)
9.30–9.50 Arthroscopic Bankart repair:
When to do Hill-Sachs remplissage
(M. Fiodorovas, M.D.)
9.50–10.10 Re-live surgery: Anatomical restoration of shoulder
after first time traumatic dislocation (M. Rahu, M.D.)
10.10–10.20 Discussion
10.20–10.50 Coffee break

Rotator cuff pathology

- 10.50–11.10 Supraspinatus partial-thickness tear:
which strategy? (R. Gudas, M.D.)

- 11.10–11.30 Re-live surgery: How I do a partial
articular side tear (L. Bazaras, M.D.)
11.30–11.50 Arthroscopic single & double-row rotator
cuff repair (M. Fiodorovas, M.D.)
11.50–12.10 Re-live surgery: How I do an arthroscopic
supraspinatus tendon repair (L. Škikas, M.D.)
12.10–12.30 Re-live surgery: Arthroscopic Trans-Osseous
rotator cuff repair (M. Fiodorovas, M.D.)
12.30–12.50 Arthroscopic repair of subscapularis tears
(R. Gudas, M.D.)
12.50–13.00 Discussion
13.00–14.00 Luncheon

Miscellaneous

- 14.00–14.20 Arthroscopic suprascapular nerve release
(L. Škikas, M.D.)
14.20–14.40 Re-live surgery: Arthroscopic LHB tenodesis
(L. Bazaras, M.D.)
14.40–14.50 Discussion
14.50–15.20 Coffee break
15.20–17.00 Shoulder model, knot-tying workshop
(R. Gudas, L. Škikas, L. Bazaras,
M. Rahu, A. Peredistijs, M. Fiodorovas)
19.00 Welcome party

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Organizing committee:

V. Janušonis, M.D., M. Fiodorovas, M.D.,
O. Narbutis, M.D., J. Belickas, M.D.

Organizers:

Klaipėda University hospital, Klaipėda university,
Association of Lithuanian arthroscopy surgeons (LACA).

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